



## WEEKLY MENU – 08.04.2024

### WEEKLY SALADS

Kale & Puffed Quinoa

Beetroot Pearl Barley & Pomegranate

Roasted Carrot with Kale Tahini Dressing & Dukkha

Shaved Fennel Rocket & Parmesan

### WEEKLY SALAD MAIN

Garlic & Herb Roasted Chicken

Vegetable Samosa, Mango Chutney

Sashimi Tuna with Wasabi Mayonnaise

### DAILY SOUP

Sweetcorn Chowder

Harissa Roasted Carrot & Kidney Bean

Mushroom & Tarragon

Pea & Mint

Tomato & Wholegrain

### MONDAY

#### HOT MAIN

Braised Lamb Shoulder

Shepherds Pie with

Steamed Greens & Gravy

#### VEGGIE HOT MAIN

Lentil & Roasted

Vegetable Hotpot with

Steamed Greens & Gravy

### TUESDAY

#### HOT MAIN

Braised Lamb Shoulder

Shepherds Pie with

Steamed Greens & Gravy

#### VEGGIE HOT MAIN

Lentil & Roasted

Vegetable Hotpot with

Steamed Greens & Gravy

### WEDNESDAY

#### HOT MAINS

Veal Ragu with Penne Pasta

#### VEGGIE HOT MAIN

Penne Arrabbiata

### THURSDAY

#### HOT MAINS

Chicken Tikka Masala with Kachumber & Naan Bread

#### VEGGIE HOT MAIN

Sweet Potato & Chickpea Curry with Kachumber & Naan Bread

### FRIDAY

#### HOT MAIN

Breaded Pollock with Chips & Mushy Peas